



# CAMPUS MASTER PLAN



**Alyssa Crum**  
News Writer

Campus has been abuzz with talk of the Missouri University of Science and Technology “Campus Master Plan”, an outline to develop an “Arrival District” for visitors on campus, among many other things, while creating a cohesive campus that is connected to the Rolla community. This plan has been approved by the University of Missouri Board of Curators during a meeting on the University of Missouri-Kansas City Campus on September 2nd, 2021.

The 2020 Campus Master Plan wants to build upon previous Master Plans, focusing on Chancellor Mohammad Dehghani’s plans for campus. Chancellor Dehghani outlined three focus areas for this Master Plan when he became chancellor in August 2019, “to build research, innovation and entrepreneurial thinking; to increase the university’s recognition and improve its rankings; and to increase recruitment and retention.” Jumping up enrollment is key to making this Master Plan

*Image provided by masterplan.mst.edu.*

work, because the rest of it won’t matter if we don’t have enough students on campus. “One of our goals as a university is to increase enrollment to 12,000 students,” Dehghani says. “This Campus Master Plan will play an important role in helping S&T achieve this milestone, and the growth of our student population will in turn be a tremendous boost to the community.” The key program drivers include space utilization analysis,

*Continued on page 4...*

## NEWS



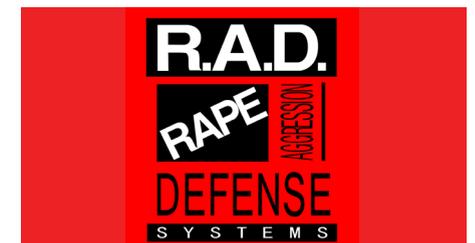
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## Publication

The Missouri Miner is a publication of the students of the Missouri University of Science and Technology. It is distributed each Wednesday in Rolla, Missouri.

The Missouri Miner encourages comments from its readers and will attempt to print all responsible letters and editorial material received. All submissions must have a name, student ID number, and phone number for verification. Names may be withheld if request is justified.

All articles, features, photographs and illustrations published are the property of The Missouri Miner and may not be reproduced or published without written permission.

Submissions for publication must be sent to our Editor-In-Chief [jribpc@umsystem.edu](mailto:jribpc@umsystem.edu) by 3:30 p.m. on the Thursday before publication. Paper submissions through our mailbox at 218 Havener Center are also accepted. The Missouri Miner reserves the right to edit all submissions for style, grammar, punctuation, spelling, length and matters of good taste.

The Missouri Miner is operated by students of Missouri S&T and the opinions expressed in it do not necessarily reflect those of the university, faculty or student body.

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# The Missouri Miner

## Missouri S&T's Student Newspaper

EST. 1915

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September 9, 2021

# LGBTQ+ Community Asks for Basic Human Rights

**Anthony Allen**

News Editor

An exhibit explaining the progress of the LGBTQ+ community and their struggle in becoming of the same legal status as straight people in Missouri was relocated from the capital state building and moved to a side state building away from the public. The exhibit was planned to be in the state capital as a showcase of Pride until the state GOP, the Republican party, had it removed from Capitol grounds questioning why it was being shown in the first place. The exhibit is now being held in the Jefferson City waterfront building.

This work was only on display for four days until the Republican controlled senate questioned why this was taking space in the Capitol. Several complaints from citizens of Missouri, towards our current Governor Parsons, expressed against the exhibit and representatives of the state complied and removed the exhibit. Democratic representatives expressed their concerns saying “ We apologize the way this unfolded ... We agree the history of all Missourians is an important story [that] needs to be told” says Dru Buntin, the DNR director, on Friday, September the 4th. Democratic leaders in the Missouri Congress fought against the house, controlled by the Republican party, against the

*Image from NBC News*

removal of the exhibit expressing that this “[is] extremist in the Legislature who will go to any length to erase LGBTQ+ history” reported by the Kansas City Star. The exhibit is currently at the Lohman building.

Missouri has had its fair share of laws against the LGBTQ+ community. In 2004, Amendment 2, a law against same sex marriage, passed with 71% of the vote. The law only recognized marriage between a man and a woman. Since this law was in place, the Federal Government of the United States passed same-sex marriage for all states in 2015. After this occurred, Missouri was required

to not only support the federal law enacted but now introduce their own legislation supporting the federal law. Surprisingly, the senate, mostly Republican controlled, passed laws against sexuality, sexual preference, and gender identity.

On an opinion point from now on, the senate of Missouri has let down thousands of citizens on this issue. The Republican controlled senate of the state constantly attacks its own citizens who not only work in the state but also pay taxes. The LGBTQ+ community has only asked for basic human rights, the same ones straight couples have had for centuries now.

People, no matter what denomination or sexual identity deserve the same rights and respects as all citizens of the United States. The people of this country claim this is the “melting pot of all cultures” all while hating certain communities of people, especially minorities and people of color. People of this country need to realize that their neighbor, no matter how different they are from you, are still human beings in the end and deserve all the respect and love you pass on to others of your own kind. There are worse problems in our society than to pass hate onto one another just out of differences you cannot agree with.

*Cont from front...*

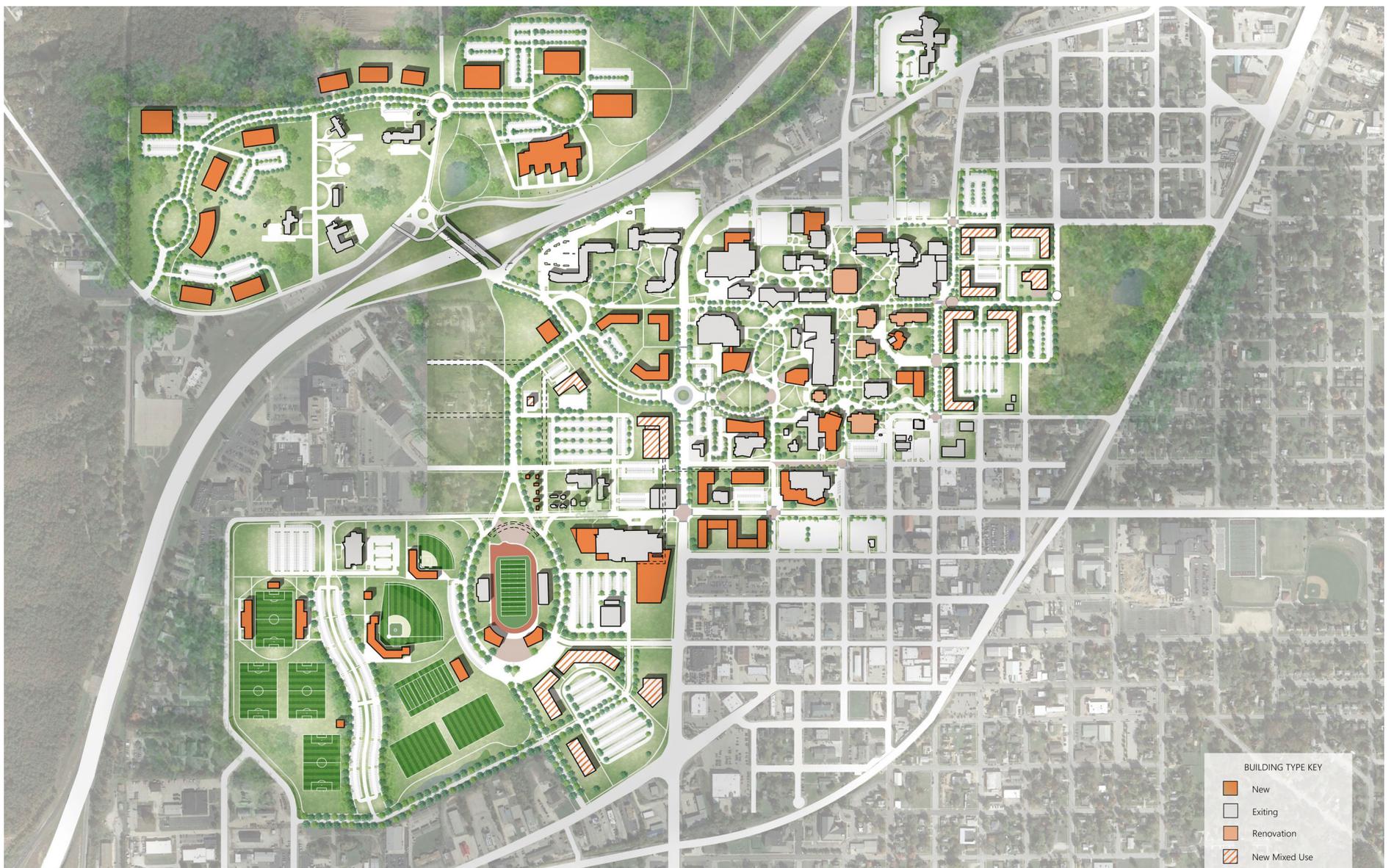
space needs assessment, and a campus life survey and demand analysis. The physical drivers include facility condition, infrastructure, site/topography and land use, and access, connectivity, and wayfinding. This plan is going to guide Missouri S&T in its campus development over the next 20 years. According to the page of S&T’s website dedicated to the Master Plan, “The 2020 Campus Master Plan proposal gives shape

to the diverse collection of data, observations, analysis, thoughts, insights and priorities gathered throughout the master planning process.”

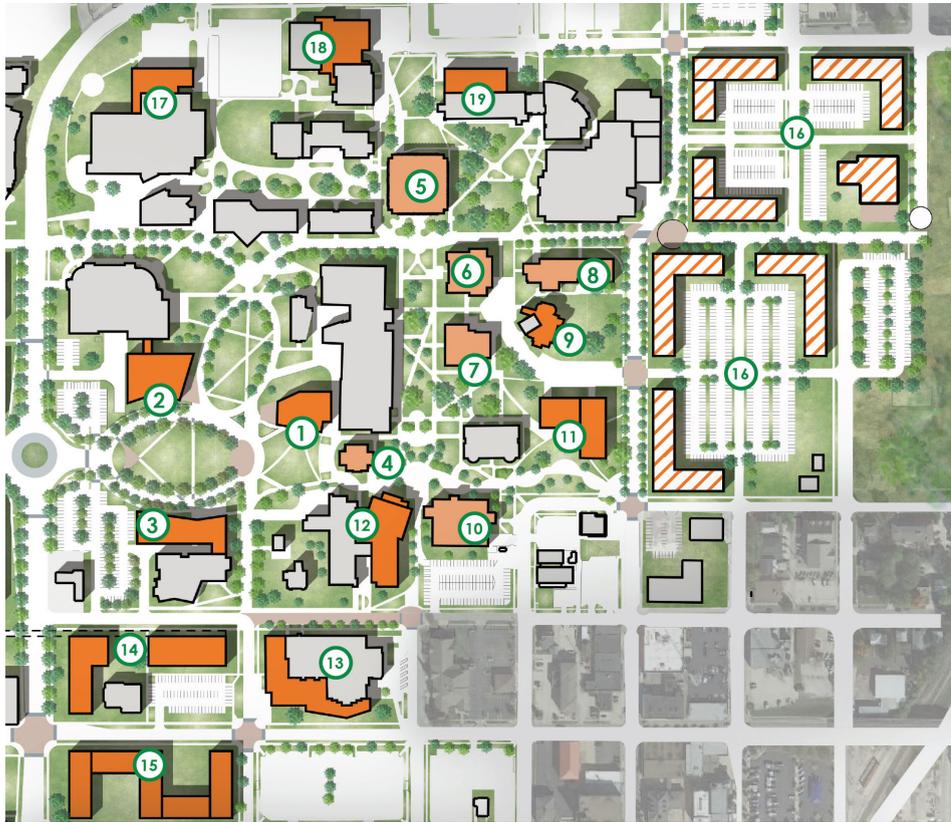
The campus plan highlights a more visible Welcome Center, with more parking, an auditorium, a theater, a large lobby filled with electronic exhibits, a gallery for student exhibits, and meeting rooms for faculty meetings with students and parents. This will be a central hub for these ser-

vices, as these are currently spread across S&T’s current campus. The S&T Innovation Lab will also be built next to an improved Havener Center. This lab will focus on retention of first-year students, a place for students to convene and collaborate. It will hold a coffee shop, student lounge, active-learning classrooms, and various utilizable spaces. It will also hold the Student Success Center and Writing Center as well. Besides these new additions, the Campus Master

Plans also includes renovations to Schrenk Hall and the Engineering Research Laboratory, with an addition to the latter as well. These are just a few of the plans involved with the Campus Master Plan, S&T has some big changes in store for the future. There are countless changes regarding the Arrival District, main campus, athletics, recreation, and mixed use, and a new Research and Development Park that you can find in detail on S&T’s website.

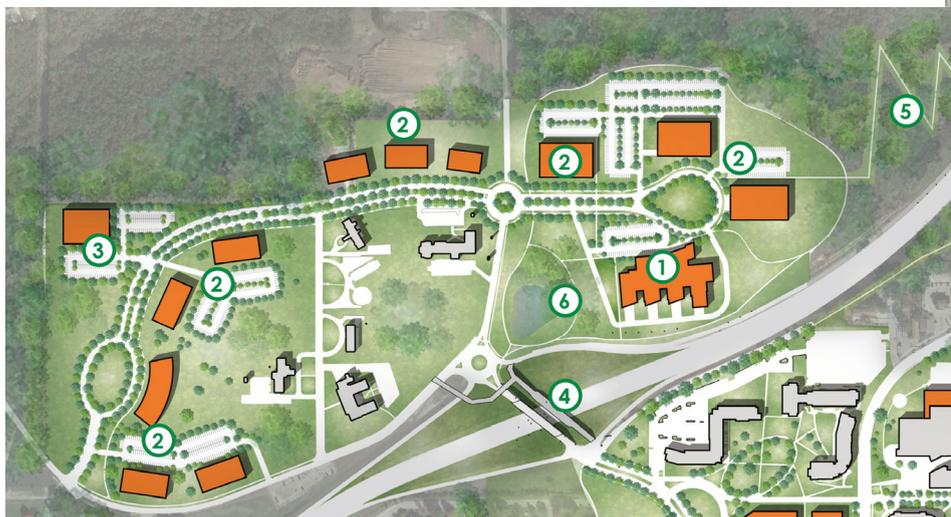
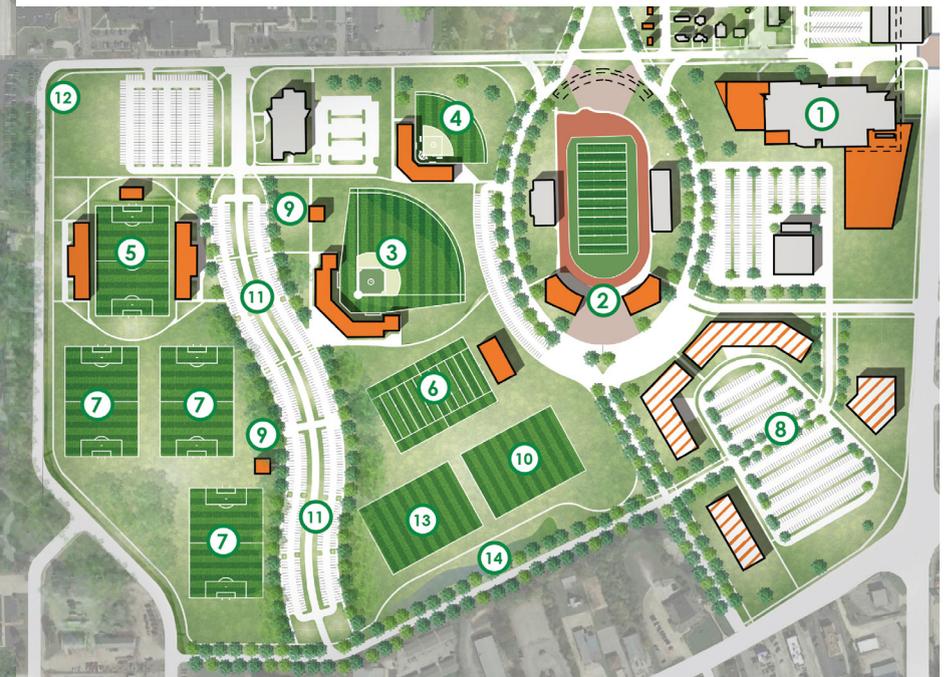


September 9, 2021



1. Welcome Center, 2. Student Experience Center, 3. Future Building,
4. Rolla Hall Renovation, 5. Curtis Laws Wilson Library Renovation,
6. Fulton Hall Renovation, 7. Parker Hall Renovation, 8. Physics Renovation,
9. Nuclear Building Addition, 10. Centennial Hall Renovation,
11. IDE Replacement Building, 12. Schrenk Hall Phase 2 Reno or Addition,
13. Castleman Hall Addition, 14. Future Academic Building(s), 15. Future Student Housing,
16. Mixed Use Development, 17. McNutt Hall Addition, 18. Straumanis-James/ERL Addition,
19. Emerson Hall Addition

1. Eight Lan Stretch Pool, (2) Multi Athletic Courts and Rec Cross Training,
2. Football Lockers and North Gateway an Plaza New Press,
3. Box, Restrooms & Elevator, South Plaza, 4. New Baseball Stadium,
5. New Softball Stadium, 6. New Soccer Stadium (Grass), 7. New Field Events Field/Multipurpose (Grass),
8. Intramural & Club Fields (both Turf), 9. Commercial/Mixed Use Development,
10. Support Facility Heavy Throws Field (Grass), 11. Surface Parking, 12. One Mile Walk-Run Path,
13. Intramural & Band Practice (Turf), 14. Stormwater Management Zone. Enabling Projects: Relocate Solar Homes, Rock Mechanics Building Replacement, Demo Rock Mechanics/Energetics Explosives Research Facility, Student Health Center Replacement



1. Systems Integration and Prototype Development Facility, 2. R&D Park Future Facilities,
3. New General Services Building, 4. New Pedestrian Bridge, 5. New Nature Trail,
6. Pond/Stormwater Management Area

## Staying Fit with Julia Meyr

### *Lower Body HIIT Cardio and Abs*

Running late? Do you feel like there's no time in your day to spare? Maybe you're stressed about a big test, game, assignment. Or, maybe you just need a quick and effective workout to boost your self esteem and get those endorphins kicking. Well, HIIT workouts (High Intensity Interval Training) are one of the best ways to get your workout in, make it effective, and leave burning extra calories while still strength training. They are perfect for in your house, apartment or dorm, or you can take it outside and gain an extra sweat. Perform HIIT workouts with intensity and low rest! You'll feel it, trust me. If you don't believe me, give these workouts a try and then feel it for yourself.

#### **Workout by @kayla\_itsines:**

##### Circuit One:

- Lateral Lunge and Knee-Up (24 reps, 12 per side)
- Skipping (30 seconds)

##### Circuit Two:

- Modified Jump Lunge (16 reps, 8 per side)
- 1 & ½ Burpee (30 seconds)

##### Circuit Three:

- Glute Bridge Walkout (30 seconds)
- Side Plank and Hip Abduction (60 seconds, 30 seconds per side)
- Kneel to Knee-Up (30 seconds)

Complete three laps of each circuit!

#### **Workout by Emily (find on @balanceathletica):**

- 180 Jump Squats (15 reps)
- Commandos (10 reps - up and down = 1 rep)
- Lying Leg Raises (20 reps)
- Alternating Jumping Lunges (20 reps total)
- Rainbow Plank (20 reps total)
- Perform these 5 exercises as a circuit with as little rest as possible! Complete 5 circuits.
- Perform these 5 exercises as a circuit with as little rest as possible! Complete 5 circuits.

### *Barbell Only Leg Day*

Here's one spicy workout for you that will leave you sweating and wobbling after you finish it! Just to prepare you, walk in with a determined mindset, believe you are strong, and push yourself every minute of the way! You got this!

#### **Here'e the deets:**

- Superset - 3 rounds of the following 2 exercises. Rest 1-2 mins, only between rounds.
- SUMO DEADLIFTS - 8 reps (add weight each set)
- BARBELL HAMMY CURLS - 8 reps
- BACK SQUATS - 5 sets: 12-10-8-6-5 reps (add weight each set)
- FRONT SQUATS + 2 REVERSE LUNGES = 1 rep - 3 sets: 5 reps

Rest 5 minutes, then complete this fire finisher:

Start a clock and do 5 barbell facing burpee hop overs. Once you hit 5, do barbell toe taps until you reach minute 1. At the 1 minute mark, do 4 barbell facing burpee hop overs. Once you hit 4, do barbell toe taps until you reach minute 2. At minute 2, do 3 barbell facing burpee hop overs. Once you hit 3, do barbell toe taps until you reach minute 3. Repeat until you

September 9, 2021

# Staying Fit with Julia Meyr

reach the 6th minute.

For more intense, amazing workouts, following along with @clairepthomas.

Happy Leg Day!

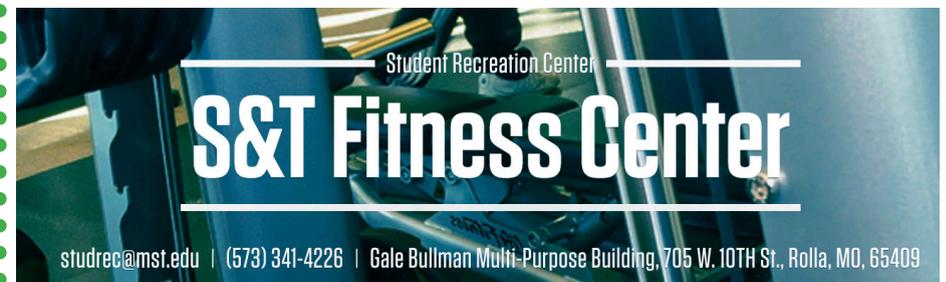
## Power Partner Workout

Whether you are a first time gym user or you've been working out for 5+ years, there is always a benefit to having a gym/workout partner! Even with 10 years of skills under your belt, there will come a day that is just mentally challenging, our motivation is simply not there, or we feel as if we're in another body. Human nature takes a toll over our minds and we need someone else to get us back into our strong game! Mental power is everything and that is a huge benefit to having a partner while working out! Claire Thomas says that "you are 2x more likely to stick to your fitness regimen with a partner" and I couldn't agree more. Find someone that can hold you accountable and start going on your fitness journey, bettering yourself each and every day!

### Power Partner Workout by @clairethomas:

- Part 1: AMRAP - 2 MIN
- PARTNER LEG RAISE HOP OVERS: Complete as many rounds as possible of this exercise for 2 minutes. Rotate positions every 8 hop overs.
- Part 2: AMRAP - 3 MIN
- PARTNER SQUAT HOLD + HIGH KNEES: Complete as many rounds as possible of this exercise for 3 minutes. Rotate positions after 20 high knees (10 each leg).
- Part 3: AMRAP - 2 MIN
- PARTNER TOE TAPS + JUMP SQUAT: Complete as many rounds as possible of this exercise for 2 minutes.

- Part 4: AMRAP - 3 MIN
- PARTNER PLANK POPOVERS: Complete as many rounds as possible of this exercise for 3 minutes. Rotate positions after 8 side pops.
- Then repeat the entire workout again for a total time of 27 minutes.
- Rest 1 minute in between each part.
- Push your partner and be determined yourself! You both got this!



## FALL 2021 SEMESTER HOURS

- Monday-Friday: 6:30 a.m. - 11 p.m.
- Saturday: 10 a.m. - 7:30 p.m.
- Sunday: 1 p.m. - 11 p.m.

**Service Desk Phone: 573-341-4398**

**Masks are Again Required to Use the Fitness Center**

# Missouri S&T Food Pantry

**Katie Beel**  
Features Editor

For many people, being a college student can be one of the most thrilling and challenging experiences in one's lifetime. It comes as no surprise to multiple students that the new sense of freedom that college life often offers also comes with a new sense of responsibility as well as expenses. When attempting to constantly pay for expenses such as rent, tuition, books, organization fees, and so on, it is understandable that many students find themselves experiencing financial stress and strain. Unfortunately, there are too many college students that find themselves struggling to support themselves. Food insecurity is something no student should have to face alone while also trying to focus on their education. Fortunately, the Missouri University of Science and Technology has offices such as the Student Diversity Initiatives (SDI) that have ways to aid students with challenges such as these.

The Missouri S&T Student Diversity Initiatives office offers a resource known as the Commuter's Commodities Food Pantry. This agency partners with The Food Bank for Central and Northeast Missouri to alleviate food insecurity for college students.

The Commuter's Commodities Food Pantry achieves this by offering food that will actually provide nutrition as well as hygiene products and cleaning supplies to those who find themselves needing this aid. The pantry is open every day from 8:00am to 4:00pm and in some cases, offers emergency services by contacting [sdi@mst.edu](mailto:sdi@mst.edu).

For those who are familiar with the Commuter's Commodities Pantry, there is a "Food and Supplies Request" form on SDI's website that students can simply fill out and they will then receive further information regarding an appointment to pick up selected goods. For anyone who has not previously used the university's food pantry and need this aid, the Student Diversity Initiatives website has another form labeled "Online Questionnaire" which is also simple to fill out. It asks for contact information, household information, and for a checked list of items the student would most likely use. After filling out this questionnaire, students will be contacted by email to set up an appointment with a specialist from the Commuter's Commodities Pantry as well as to set up a time to pick up the provided goods.

It is also important to note that a program like this one is not only



*QR code for the Commuter's Commodities information page.*

beneficial to our Missouri University of Science and Technology community, but it also requires that community's assistance so that it can truly thrive. Members of the Missouri University of Science and Technology who find themselves not in need of this aid who are looking to make a difference and get involved in the community can do so through the generous act of donation. The organization asks for items that are unopened and non-perishable as well as certain household goods. Some of these items include canned vegetables, boxed meals, shampoo, dish soap,

and toothpaste. A full list can be found on the SDI Commuter's Commodities webpage.

The pantry has recently restocked, and Commuter's Commodities encourages students that need this aid to fill out their forms so that they can keep track of which items they supply the most. If you are a student struggling with food insecurity, think about reaching out to Student Diversity Initiatives today. It is satisfying to see an office like SDI working to help its students and help alleviate some of the pressure brought on by college.

September 9, 2021

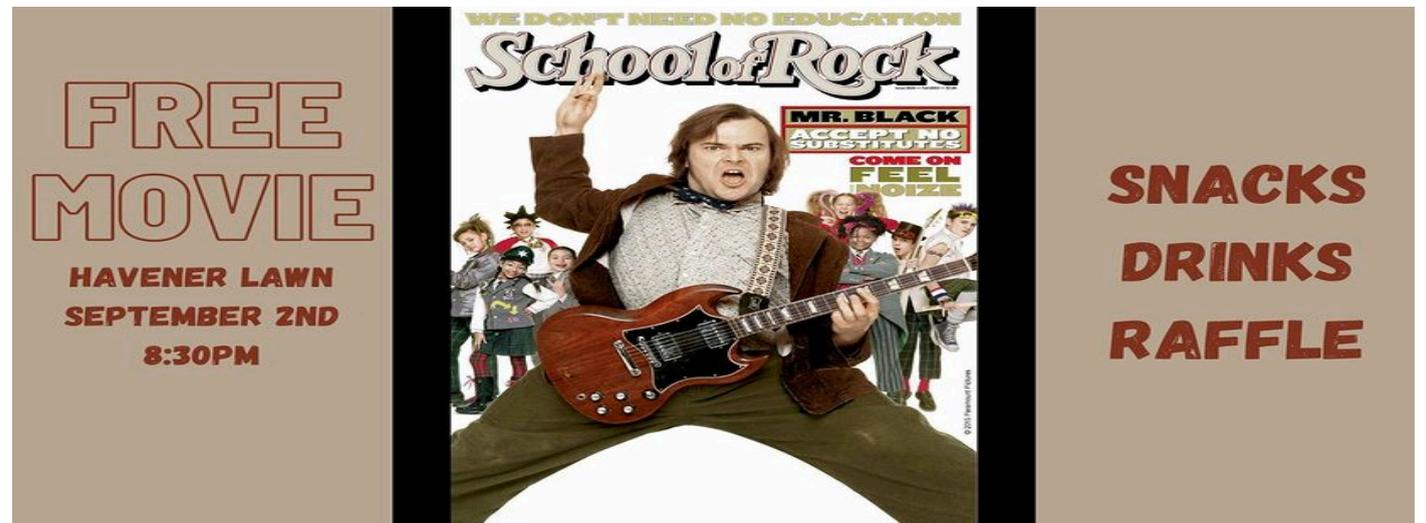
## Student Union Board Spotlight

**Mackenzie Petersen**  
Features Writer

SUB or the Student Union Board is a prevalent organization on S&T’s campus, especially now that campus is opening back up to in person classes and events. They are mostly known for the large concerts they put on every semester and giveaways. The Student Union Board’s website (sub.mst.edu) states “Our mission is simple: provide the students of Missouri S&T fun and exciting events. Every member of SUB has a passion and skill set for putting on the best and biggest events possible. We have decades of hands-on experience driving our actions along with

historic records covering even more time. Our goal to serve the students and their needs is what drives us and pushes us to our creative limits.” In a stressful environment such as pursuing an education at a challenging university such as Missouri S&T it is important for students to put their mental well-being first and enjoy themselves in an ever changing environment. The opportunities that the Student Union Board presents to the student body is a key part in creating a fun and welcoming environment on our campus.

The great thing about the Student Union Board is that their employees are made up of Mis-



 Liked by **audreyforthofer** and **20 others**

**sandtsub** Wishing summer wasn't over? Bring a some friends and a blanket or chair, and come watch School of Rock outside on the lawn on September 2nd at 8:30pm. Snacks and drinks provided.

*The Student Union Board’s Instagram showcasing their “School of Rock” showing*

souri S&T students and are overseen by university administrators, so rather than university administrators planning events for the students of Missouri S&T it is our own peers planning and executing events that are more suitable to our desires. It is important to consider that the large-scale events that the Student Union Board puts on are costly to students and the university, and the funding for these events comes directly from every Missouri S&T student’s tuition, which at the time of attendance makes the events free of cost to the student body.

This past Thursday (September 2nd) at 8:30pm they were show-

ing the Jack Black film “School of Rock” on Havener lawn with snacks and drinks provided, as well as a raffle for prizes for students to participate in. They are also creating online versions for their events to be accessed by the student body if they are unable to attend in person or are uncomfortable with large in person events. The Zoom links for their events can be found at their website (sub.mst.edu). SUB puts on events such as this multiple times a semester, all free of cost to Missouri S&T students.

The Student Union Board has the interests of Missouri S&T students as their main concern and

as a group puts in significant time and effort into planning events that will be enjoyable for the student body. While new students might not be completely aware of the Student Union Board, they are a prevalent presence on our campus and are a great way to stay engaged and take mental breaks from the grueling work of being an S&T student. They have tackled the transition to online events very smoothly and continue to offer blended events for students to partake in. A full list of upcoming events the Student Union Board has planned can be located at their website or social media pages.

# R.A.D Training

**Mackenzie Petersen**  
Features Writer

Rape, Aggression, Defense training (R.A.D training) is being offered by Missouri S&T's University Police for female students at four pm both Thursday, September 2nd and Thursday September 9th. The classes are free to both Missouri S&T students and employees, in order to be considered to complete the course, participants must be at both of the sessions (September 2nd and September 9th). Although if a participant is unable to attend both sessions, it is still encouraged to attend a session if possible.

The sessions are being led by University Police Officer Molly Kaufman, the comprehensive, women-only course begins with awareness, prevention, risk reduction and risk avoidance, and progresses on the basics as of hands-on defense training. Students and employees can enroll in the program by emailing Molly Kaufman at [kaufmanmm@mst.edu](mailto:kaufmanmm@mst.edu).

I personally have been to these classes pre-COVID-19 shut-downs, and it was one of the most informative classes on these subjects that I have been to. Not only do they give you a presentational breakdown of situations women find themselves in on a daily basis, they give you the resources to be able to successfully completely



## Sign up for self-defense class

Posted by Velvet Hasner  
On August 11, 2021

University Police is offering a self-defense class called Rape, Aggression, Defense (R.A.D.) training for women at 4 p.m. Thursday, Sept. 2, and 4 p.m. Thursday, Sept. 9, at S&T.

The classes are free for Missouri S&T students and employees. Participants must attend both of the sessions to complete the course.

University Police Officer Molly Kaufman will lead the comprehensive, women-only course that begins with awareness, prevention, risk reduction and risk avoidance, and progressing on to the basics of hands-on defense training. To enroll, please contact Kaufman at [kaufmanmm@mst.edu](mailto:kaufmanmm@mst.edu).

For questions, please contact University Police at [341-4300](tel:341-4300).

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avoid putting yourself into potentially dangerous situations, and how to react when put into those situations when unavoidable. It is common knowledge that the ratio of men to women on Missouri S&T's campus is very skewed and male dominated, which can lead to women on campus not feeling safe and comfortable on and off of campus. This leads to these training sessions being more important than ever, and I personally can say that attending these seminars have made me more cognizant of my surroundings and adjusting my everyday schedule in order to be better prepared and protect myself. With the opening of campus and socials and parties being opened

back up to the Missouri S&T population, these trainings can potentially be preventive of rape cases on campus and protect women and allow them to protect themselves and others from potentially damaging and dangerous situations.

The University creating and curating these training sessions is creating a safe space for the female population on campus and helping young women to recognize unsafe environments and be able to develop the skills necessary to step out of those positions and defend themselves if necessary. I am personally very glad and grateful that Missouri S&T offers this program for us because as a young woman in Rolla, I have seen myself and

my friends in positions of potential issues and after being able to identify them and find channels to leave those situations it has made me a lot more comfortable and confident in going into male dominated and densely populated social situations. So offering these programs throughout semesters (they typically happen about twice a semester and SWE [Society of Women Engineers] typically hosts one once a semester) creates a safe environment for women to be educated on the dangers of being alone and can be prepared for situations they could potentially experience at any point in time in their lives.

### Have something to share?

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- + [Add a story to the Student eConnection](#)
- + [Add an event to the calendar](#)

### Looking for something?


and get the eConnection

*The school posting of the event*

September 9, 2021

## Organization Spotlight: iGEM

**Katie Beel**

Features Editor

When students decide to attend college, they often find themselves focusing on working toward their degree and excelling in their classes. However, many students also realize when they get to college, that they might want to join an extracurricular organization or two. Students will often realize that one of the best aspects of the college experience is finding an organization to belong to that enriches their lives outside of the classroom. With that in mind, students may also want to know what exactly to look for in a student organization. In order to answer that, a student should think about what they are looking to gain from a student organization. For some, a student organization is a way to gain further experience toward their degree or career interests; in that case, students might look to join a design team of some sort. In other cases, students might like to spend their free time giving back to the community and volunteering; those students might look to join some sort of service organization. Others may be looking for an organization that caters to a specific hobby or interest, and most students enjoy the added benefit of simply making friends.



*Agar art from iGEM home page*

When it comes to the Missouri University of Science and Technology, there is no shortage of options when it comes to choosing a student organization. For some, joining multiple organizations is a way to stay involved while also working toward different goals. I believe that one of these organizations that offers many benefits to students is iGEM. The International Genetically Engineered Machines (iGEM) design team is an organization here on campus that would pique the interest of any biological sciences lover. On

their home page, which can be found through the Missouri University of Science and Technology engage/campus labs website, iGEM discusses how they use synthetic biology in their organization. They define synthetic biology as “the engineering of biological systems to create solutions to current problems in medicine, agriculture, environmental contamination, and energy, just to name a few.”

The organization goes on to state their purpose: “iGEM is an international collaboration to create an open gene library full of

standardized biological parts for genetically modifying organisms. Teams from over twenty-six countries meet annually in the fall at the Regional and World Jamborees to present research, discuss the progress of synthetic biology, network with other teams, and, of course, compete. The Missouri S&T iGEM team is an interdisciplinary design team that uses synthetic biology to help solve the world’s problems.” With all of this information in mind, it is no surprise that some students are drawn to this student design team. It not only allows students to gain experience in the lab and make new friends, but it is also a way for students to feel as though they are truly making an impact by working toward a common goal.

For any student here at Missouri University of Science and Technology that finds synthetic biology fascinating and is looking to become involved in the organization, joining is fairly straightforward. The design team has meetings at least once a week (sometimes twice) and has a competition season that begins in January and ends in December. The best way to reach out is by emailing [igem@mst.edu](mailto:igem@mst.edu) and inquiring about membership.

## Upcoming Missouri S&T Events



### GARMIN DAY Networking Event

🕒 Thursday, September 9 at 10:00am to 2:00pm

📍 **Havener Center**  
1346 N. Bishop Ave., Rolla, MO 65401

Visit the Havener Center on September 9th from 10am-2pm and speak with Garmin representatives. Don't miss this event! Bring your resume!



### Align Your Digital and IRL Networking (Virtual Only)

📺 Virtual Event 🕒 Thursday, September 9 at 12:00pm to 1:00pm

More dates through November 3, 2021

Not sure how to network? Join COER to learn how to make and develop important career connections both online and in-person.

Find the zoom link through Handshake!



### Master the Missouri S&T Career Fair (Virtual Only)

📺 Virtual Event 🕒 Thursday, September 9 at 3:00pm to 4:00pm

More dates through September 20, 2021

Learn about and prepare for exciting changes to one of the biggest career fair events in the Midwest! Join COER as we help prepare you for a successful networking experience to help you land that dream opportunity!

Find the zoom link through Handshake!



### Trivia Night

🕒 Thursday, September 9 at 7:00pm to 8:00pm

📍 **Havener**

Trivia Nights hosted by SUB are on the second Thursday of each month! There will be prizes for the top 3 winners, and snacks available at the event.



### Game Plan That Interview (Virtual Only)

📺 Virtual Event 🕒 Monday, September 13 at 3:00pm to 4:00pm

More dates through October 12, 2021

Do you have a plan ready for when you interview? Join COER as we discuss types of interviews, how to prepare, strategies for common questions, and 10 tips to help you succeed at your next interview!

Find the zoom link through Handshake!



### Nucor Day on September 14th

🕒 Tuesday, September 14 at 10:00am to 3:00pm

📍 **Toomey Lawn**

Career Opportunities & Employer Relations would like to invite you to stop by the Nucor Day tent on September 14th from 10am-3pm on the Toomey Lawn. Connect with Nucor representatives and enjoy a light lunch! Please bring your resume!



### How to be Comfortable Talking About Yourself Professionally (Virtual Only)

📺 Virtual Event 🕒 Tuesday, September 14 at 3:00pm to 4:00pm

More dates through September 23, 2021

Learn how to best present your skills, knowledge, and experience in a dynamic and powerful power introduction to ensure you start on the right foot with employers!

Find the zoom link through Handshake!



### Resume Writing & Job Search Success (Virtual Only)

🕒 Tuesday, September 14 at 5:00pm to 6:00pm

First impressions matter. Many times your resume is the first time an employer will get to know you. This session will help guide you in crafting a resume that showcases your personal brand while highlighting your experiences and accomplishments, as well as discuss strategic job search strategies to best help you get the job you want!

This presentation can only be attended virtually via zoom. Find the zoom link through Handshake!



### Hammock Day

🕒 Wednesday, September 15 at 11:00am to 3:00pm

📍 **Havener Lawn**

Leisure & Recreation/ OAR is hosting a Hammock Day by BCH!



### Talk the Talk to Impress Employers (Virtual Only)

📺 Virtual Event 🕒 Tuesday, September 7 at 3:00pm to 4:00pm

More dates through September 15, 2021

Wednesday, September 15 at 12:00pm to 1:00pm

Ever feel tongue tied when talking to employers? Don't know what to say or how to say it? Join COER to learn how to put your best foot forward by communicating effectively during your job search!

Find the zoom link through Handshake!



### LinkedIn or Left Out (Virtual Only)

📺 Virtual Event 🕒 Thursday, September 16 at 12:00pm to 1:00pm

More dates through October 28, 2021

93% of hiring managers check LinkedIn when pursuing a candidate! Say what!? Learn best practices and things to stay away from when creating a LinkedIn account to ensure your LinkedIn profile is ready to go!

Find the zoom link through Handshake!



### What's Holding Back My Resume? (Virtual Only)

📺 Virtual Event 🕒 Thursday, September 16 at 3:00pm to 4:00pm

More dates through October 21, 2021

Thursday, October 21 at 3:00pm to 4:00pm

Joining COER to learn about Applicant Tracking Systems (ATS), tips and tricks to increase your chances of getting your resume in front of employers, and receive access to our new AI software, Quinnia!

Find the zoom link through Handshake!



### COER Hosts JCP Suit Up Event

🕒 Sunday, September 19 at 6:00pm to 9:00pm

📍 **JCPenney** 1050 S Bishop Avenue Rolla, MO 65401

Want to receive up to 60% off of your professional attire along with the chance to win some fabulous prizes? Join us for this exclusive JCPenney Suit Up event that's held only for Missouri S&T students. Missouri S&T is partnering with JCPenney to help provide professional attire to college students at a significantly discounted price. During the event, students can shop for professional attire and accessories to build an interview-ready wardrobe. Missouri S&T COER staff, along with members of the JCPenney team, will be on-hand to offer insights into the latest career fashion trends, how a suit should fit, what size to buy, and how to tie a tie. Stop by Sephora for a chance to win giveaways and prizes. Beauty consultants will be available to help guide you in choosing appropriate makeup for a professional setting. The JCPenney Hair Salon will also be open for Express Bar hair touch ups and free consultations. Items will be available for purchase but discount codes cannot be used for the salon or Sephora.

\*Student ID's will be required to receive the discount\*



### Lick A Doorknob

🕒 Tuesday, September 21 at 11:30am to 1:30pm

📍 **Lobby in Havener**

Come learn with Thomas Jefferson Hall Association about tips and tricks about the halls, get a popsicle and a door hanger kit.



### Batteries in the microgrid/solar houses

📺 Virtual Event 🕒 Tuesday, September 21 at 2:00pm to 3:00pm

A look at how batteries in the microgrid manage and store renewable energy and what that means for the future of Missouri solar houses.

Presented by **Tom Yarbrough**, Ph.D. student in civil engineering.

Join the live event on Zoom and you'll automatically be entered in a drawing to win a special gift bag, courtesy of the Missouri 2021 Bicentennial and S&T's 150th anniversary.

This lecture is part of the Missouri 2021 Bicentennial Alliance lecture series hosted by S&T. The series, "Honoring our past, envisioning the future," celebrates the rich cultural history of our region and explores social and economic growth topics relative to Missourians. All lectures in the series will be available for live public viewing. Missouri 2021 is an initiative of The State Historical Society of Missouri and its Center for Missouri Studies.



### Free Norwood Headshot Event

🕒 Thursday, September 23 at 9:00am to 11:00am

More dates through September 24, 2021

Are you in need of a new headshot for your CF+ profile? How about your LinkedIn or Handshake profile? Join us in Norwood 305 to take a quick headshot!



### OAR Zipline

🕒 Thursday, September 23 at 11:00am to 3:00pm

📍 **On the Atom**

OAR will be hosting a Zipline on the Atom!



### CogCon30

🕒 Friday, September 24 at 7:00am to 3:00pm

📍 **Havener Center**  
1346 N. Bishop Ave., Rolla, MO 65401

Semi-annual gaming convention hosted by the Missouri S&T Gaming Association



### Brownies & Board Games

🕒 Friday, September 24 at 2:00pm to 6:00pm

📍 **Havener**

SUB is bringing back their annual Brownies & Board Games! There will be brownies (and other snacks), drinks, games, and raffle prizes. We will also have console games set up as well, so be sure to bring your friends and join in on the fun!



### Celebration of Nations

🕒 Saturday, September 25 at 11:00am to 4:00pm

📍 **Downtown Rolla**

Celebration of Nations will be held on Saturday, September 25, 2021.

Celebration of Nations will begin with the Parade of Nations at 11 a.m. This year, the parade route will start at the Chancellor's Residence located at the corner of 11th Street and State Street. The parade will proceed east on 11th Street to North Oak, then turn south on North Oak Street, travel under the 10th Street overpass, and conclude at the Downtown Bandshell and festival lot. The parade will feature flags carried by Missouri S&T international students representing their home countries, marching bands, dignitaries, and the ever-popular camels.

For more information, including how to become a vendor, volunteer or sponsor, visit <https://nations.mst.edu/>



### Behind the Scenes Career Fair Tour

🕒 Monday, September 27 at 5:00pm to 5:45pm

📍 **Havener Center, Student Rec Center Entrance**  
1346 N. Bishop Ave., Rolla, MO 65401

Join COER the day before career fair at 5 p.m. at the Student Rec Center entrance to see the layout of the fall fair and get to know your way around!



### Garmin Company Talk

🕒 Monday, September 27 at 6:00pm to 7:00pm

📍 **EE 631**

Garmin recruiters will be on campus to discuss opportunities in their electrical and computer engineering, as well as computer science fields.

Come to talk to engineers about their projects and network with recruiters! Bring your resume!



### Fall 2021 Career Fair

🕒 Tuesday, September 28 at 9:00am to 3:00pm

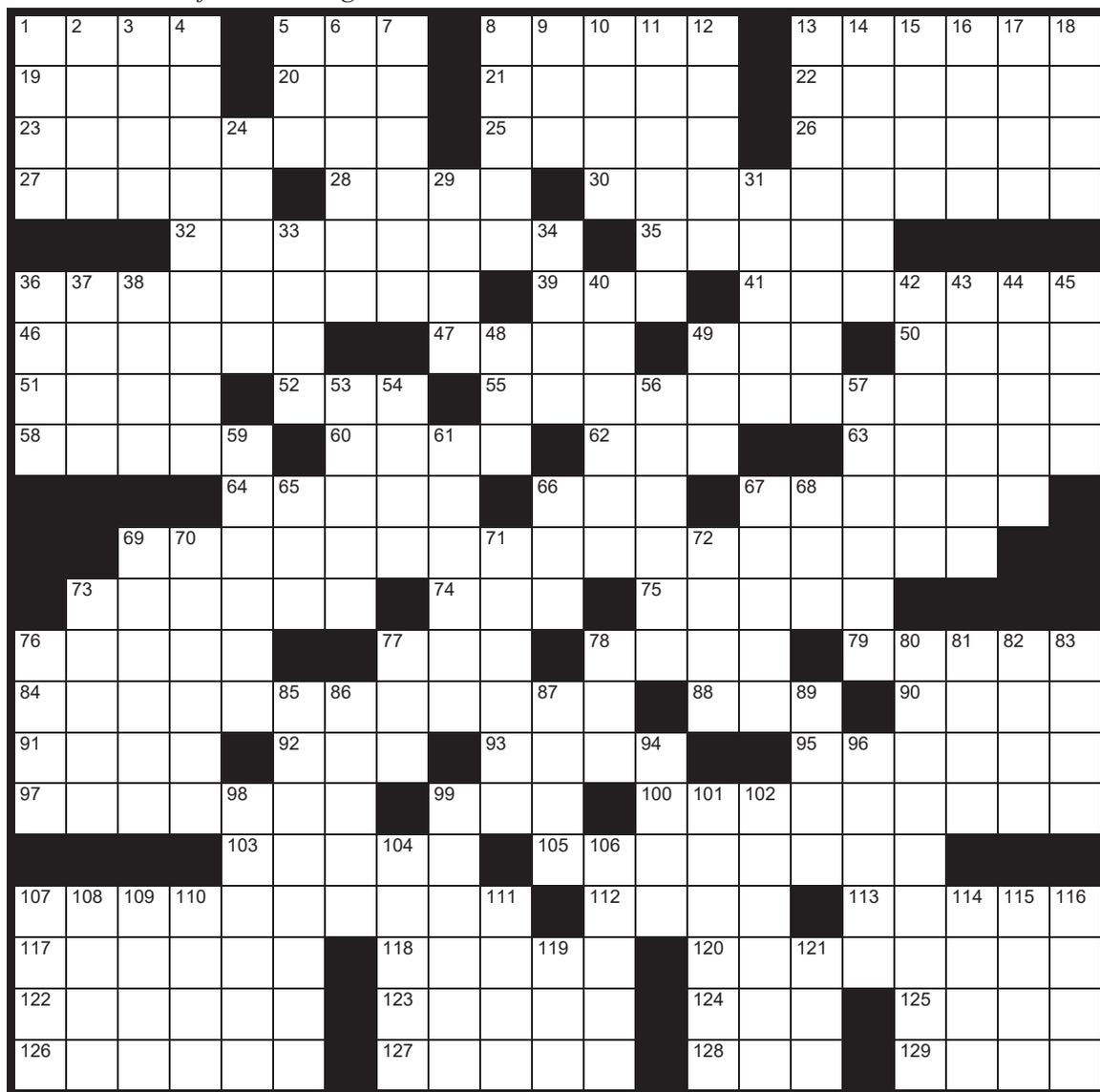
📍 **Student Recreation Center**  
705 W. 10th St., Rolla, MO, 65409

Missouri S&T students will have the option of attending the 2021 Fall Career Fair in person, virtually, or a mix of the two formats. The event is scheduled 9 a.m.-3 p.m. for three days: Tuesday, Sept. 28, Wednesday, Sept. 29, and Thursday, Sept. 30.

The first two days will be an in-person event in S&T's Student Recreation Center. The number of employers will be limited each day to allow for more social distancing and a more comfortable recruitment atmosphere. On Sept. 30, the first day of fall break, the event will be held in a virtual setting through the Career Fair Plus app. Students may book virtual appointments with recruiters up to a week in advance.



Crossword from Washington Post



- ACROSS**
- 1 "Woe is me!"
  - 5 To the \_\_\_ degree (as much as possible)
  - 8 Spanish word for "mother"
  - 13 Military band, maybe?
  - 19 Phenomenon similar to a fog
  - 20 Oct. 31 exclamation
  - 21 Cathy who wrote "Weapons of Math Destruction"
  - 22 Treat as exactly alike
  - 23 Cut of meat from Mork's home planet?
  - 25 Opposite of clumsy
  - 26 Approach zero percent battery power, say
  - 27 Detroit-born DJ Casey
  - 28 Ultrasound or X-ray, e.g.
  - 30 Treats baked by a classic auto company?
  - 32 Have some down time during the day?
  - 35 Aardvark's facial feature
  - 36 Red fruit that's painted or sculpted?
  - 39 CPR-certified worker
  - 41 Non-biological parent
  - 46 Scotty's portrayer James on "Star Trek"
  - 47 Amiss
  - 49 Enjoyed a snack
  - 50 He called competitive eating "the only sport where marijuana is considered a performance-enhancing drug"
  - 51 "Enter if you \_\_\_!"
  - 52 Verbal \_\_\_
  - 55 Greeting to a group of seared fish dishes?
  - 58 Gobble up, with "down"
  - 60 Hope for the best, say
  - 62 Olympic team for Simone Biles and Suni Lee
  - 63 Confuse
  - 64 Grammy winner Hayes
  - 66 Maidenform product
  - 67 Problem for a comb
  - 69 Actor Tom providing cuts of holiday bird?
  - 73 Events at swim meets
  - 74 Animal with pants?
  - 75 Bert's buddy on TV
  - 76 Source of danger
  - 77 Whiz \_\_\_ (prodigy)
  - 78 "Gotcha"
  - 79 Something you may forget in the morning
  - 84 Poultry served in the mountains?
  - 88 All alternative
  - 90 "Weird" author Khazan
  - 91 Bestla's son in Norse myth
  - 92 Chef's toque, e.g.
  - 93 Gas brand owned by Marathon
  - 95 Ordered, with "around"
  - 97 Five-armed invertebrate
  - 99 23rd Greek letter
  - 100 Dairy product from a hydroelectric facility?
  - 103 Elevated crest
  - 105 "Please finish quickly," in an office email
  - 107 Fast-food sandwiches grilled by actress Grier?
  - 112 Pre-U.S.S.R. leader
  - 113 Making a comeback, say
  - 117 Latin footnote word abbreviated by deleting its last two letters
  - 118 Whitlock Jr. who played Clay Davis on "The Wire"
  - 120 Carb-rich side that may be cut, and what's spelled out by the letters cut from the starts of this puzzle's foods
  - 122 Organize, as a playlist
  - 123 50 percent of diez
  - 124 Pool-testing digit
  - 125 Overfastidious
  - 126 Remain, as at a job
  - 127 Desert vegetation areas
  - 128 Chloe Fineman's sketch show, briefly
  - 129 Vehicle in the president's motorcade
- DOWN**
- 1 Out of control
  - 2 Former Italian money
  - 3 Emulates interrogators
  - 4 Ambulance apparatus
  - 5 Sports org. shown in "The Last Dance"
  - 6 Obnoxious jerk, in British slang
  - 7 Vehicle in a chop shop
  - 8 Polynesian Disney character voiced by Auli'i Cravalho
  - 9 With 14 Down, "Their exact words were ..."
  - 10 Bambi, for one
  - 11 Best for apple-picking
  - 12 "Tiny Dancer" rocker John
  - 13 Sends on a detour
  - 14 See 9 Down
  - 15 Hostel bed, perhaps
  - 16 Singaraja's island home
  - 17 \_\_\_-Missouria (people of Red Rock, Okla.)
  - 18 What Reuters provides
  - 24 Midwestern home of the World-Herald
  - 29 "The Queen's Gambit" actress Taylor-Joy
  - 31 \_\_\_ Mesa, Calif.
  - 33 DC reporter Clark
  - 34 Gilpin who played Roz Doyle on "Frasier"
  - 36 Combines in math class
  - 37 Chestnut-colored horse
  - 38 \_\_\_ Bora (rhyming region of Afghanistan)
  - 40 "I get to go now"
  - 42 Formal promise
  - 43 With 111 Down, septet of vices
  - 44 Joint seen while wearing flip-flops
  - 45 Delivery in a hospital?
  - 48 "\_\_\_ the long face?"
  - 49 Ortiz of "Love, Victor"
  - 53 "Check, please"?
  - 54 Jagged part of a cliff
  - 56 Descriptivists' topics
  - 57 Lost deliberately
  - 59 Highly scrutinized TV episode, often
  - 61 Like lemonade
  - 65 Expanse above
  - 66 "\_\_\_ deal!"
  - 67 Piano string adjuster
  - 68 "Up Late" singer Lennox
  - 69 Problem treated by a urologist
  - 70 Organizes into a row
  - 71 Spirits from Smirnoff
  - 72 Oxygen producer
  - 73 Novelist Charles
  - 76 Advantages
  - 77 Model-building box
  - 78 Biz abbr.
  - 80 Piece of a certain floral crown
  - 81 Ultimatum word
  - 82 Numbers on census forms
  - 83 Crafted
  - 85 Guys on boards
  - 86 Capital of Ghana?
  - 87 \_\_\_ Hannon, Ellie Kemper's role on "The Office"
  - 89 Essentials of learning
  - 94 Appreciative works
  - 96 Catherine who played Moira on "Schitt's Creek"
  - 98 Consistent with
  - 99 Realm ruled by Xerxes
  - 101 Develops survival methods, say
  - 102 Shade of a Tibetan Buddhist monk's robe
  - 104 State Farm alternative
  - 106 Group's core beliefs
  - 107 Shots posted on Insta
  - 108 Sit alongside
  - 109 "At First Sight" actress Sorvino
  - 110 Reason to get well wishes from Facebook friends, briefly
  - 111 See 43 Down
  - 114 "The function of freedom is to free someone else" speaker Morrison
  - 115 Xerox machine bundle
  - 116 European capital where part of "Tenet" was filmed
  - 119 A, in a deck of cards
  - 121 \_\_\_ Aviv, Israel

# Movies I Watched so You Don't Have To

**Delaney Neely**  
Editor-in-Chief

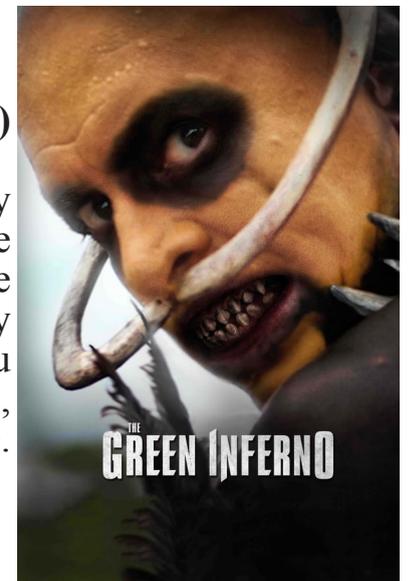
## The Girl Next Door (2007)

This movie was inspired by real life events - which only makes this more stomach-churning. The only difference is that this movie gives one of the boys involved a hard-on for the victim - whereas the real story has nothing of the sort. This movie is uncomfortable and I would not recommend unless you love true crime and horror.

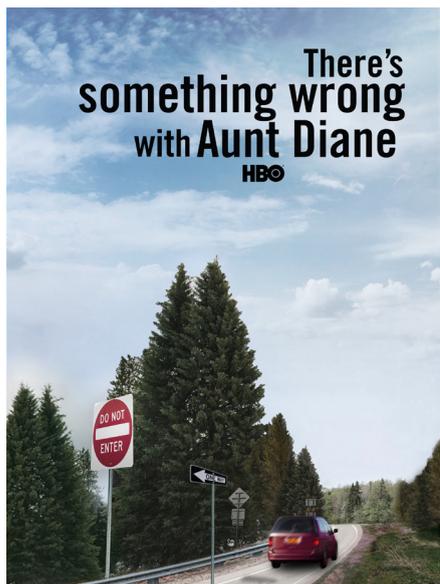


## The Green Inferno (2015)

This movie was extremely disturbing. I really don't have any words for this one. It made me uncomfortable and I really regret watching this. Unless you like really sickening movies, avoid this one.



There's  
something wrong  
with Aunt Diane  
HBO



## There's Something Wrong with Aunt Diane (2011)

This movie is sickening for different reasons. The denial of the family is incredible, and they won't let this go - even to the point where they want to exhume a family member's body for more DNA tests. There's something wrong with this family.

TILDA SWINTON JOHN C. REILLY EZRA MILLER



WE NEED TO TALK ABOUT KEVIN



A FILM BY LYNNE RAMSAY

## We Need to Talk About Kevin (2011)

I need to talk about We Need to Talk About Kevin. This movie was a roller-coaster. It was disturbing and sickening, and even more terrifying because it was about a school massacre. I really didn't know what would happen when I started this movie, and now that I do, I will never watch it again.

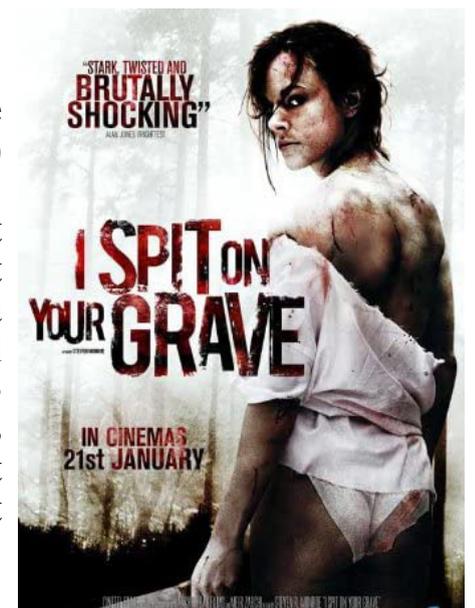
## Mother! (2017)

This one left me speechless. I wasn't exactly sure where this movie was going while watching and I never expected the ... um... plot twist.. I'm not even sure how to explain it without spoilers - but it's better if you don't know what I've witnessed in this movie.



## I Spit on Your Grave (2010)

So, to be completely honest with you, I didn't make it very far in this movie. It's a revenge movie about a girl who sets out to kill her rapists, but the rape scene was just too much for me that I had to turn it off. I don't recommend this to anyone.



September 9, 2021

### What I'm Watching:



**Chicago Med**  
5 Seasons, Netflix

Members of the city's most highly skilled medical team save lives while navigating their unique interpersonal relationships. The Gaffney Chicago Medical Center's elite team of dedicated doctors, nurses and staff face challenges each day as they do what it takes to treat their patients, sometimes in surprisingly inventive ways.

### Easy

5	8		3	4		9		
4				1		8	5	7
	1	6			7			4
6	4						9	
		5				6		
	9						8	2
3			1			7	6	
1	7	8		6				3
		9		7	3		4	8

### Medium

	4	5					1	8
								6
			2		3	9		7
	1			8	4		7	
8								9
	3		1	6				4
2		6	4		5			
7								
4	8						7	9

### Hard

	2							
9		1	5	6				8
8				2	3	6	9	
	9					7		
		3		7				
		5						4
	5	4	8	3				7
3				7	5	4		2
								3

### Solution

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18										
A	L	A	S	N	T	H	M	A	D	R	E	R	I	B	B	O	N										
19	M	I	S	20	B	O	O	21	O	N	E	I	L	22	E	Q	U	A	T	E							
23	O	R	K	R	24	A	S	T	25	A	D	E	P	T	26	R	U	N	L	O	W						
27	K	A	S	E	M	28	S	C	A	N	30	R	E	O	C	O	O	K	I	E	S						
			32	T	A	K	E	A	N	A	34	P	35	S	N	O	U	T									
36	37	38	A	R	T	C	H	E	R	R	Y	39	E	M	T	41	S	T	E	P	D	A	D				
46	D	O	O	H	A	N			47	A	W	R	Y		49	A	T	E		50	L	E	N	O			
51	D	A	R	E		52	T	I	C		55	H	I	T	U	N	A	S	57	T	E	A	K	S			
58	S	N	A	R	F	59		60	P	R	A	Y		62	U	S	A		63	A	D	D	L	E			
			64	I	S	A	A	C		66	B	R	A		67	T	A	N	G	L	E						
		69	H	A	N	K	S	G	I	V	I	N	G	T	U	R	K	E	Y								
	73	R	E	L	A	Y	S		74	D	O	G		75	E	R	N	I	E								
76	P	E	R	I	L			77	K	I	D		78	I	S	E	E		79	D	R	E	A	M			
84	R	A	N	G	E	C	H	I	C	K	E	N		88	E	R	A		90	O	L	G	A				
91	O	D	I	N		92	H	A	T		93	A	R	C	O		95	B	O	S	S	E	D				
97	S	E	A	S	T	A	R		99	P	S	I		100	D	A	M	C	H	E	E	S	E				
					103	R	I	D	104	G	E		105	N	E	E	D	A	S	A	P						
107	108	109	110	P	A	M	B	U	R	G	E	R	S	111		112	T	S	A	R		113	R	E	T	R	O
117	I	B	I	D	E	M			118	I	S	I	A	H		120	P	O	T	A	T	O	E	S			
122	C	U	R	A	T	E			123	C	I	N	C	O		124	T	O	E		125	A	N	A	L		
126	S	T	A	Y	O	N			127	O	A	S	E	S		128	S	N	L		129	L	I	M	O		

## Drinks of the Week - Fall is Coming



### Drunken Pumpkin Latte

#### Ingredients

- 2 tsp. pumpkin pie spice, divided
- 3 tbsp. granulated sugar, divided
- 1 lemon wedge
- 1 1/2 c. boiling water
- 2 tbsp. espresso powder
- 2 tbsp. sugar
- 5 oz. RumChata
- 3 oz. pumpkin pie vodka
- Whipped cream, for garnish

#### Directions

Combine 1 teaspoon pumpkin pie spice and 1 tablespoon sugar on a small plate. Rim two coffee mugs with the lemon wedge, then dip in sanding sugar and spice mixture; reserve remaining sugar and spice mixture.

In a heatproof measuring cup or bowl, stir the espresso powder, the remaining 2 tablespoons sugar, and the remaining teaspoon of pumpkin pie spice into the boiling water until dissolved. Add the rumchata and vodka. Stir to combine.

Pour into prepared mugs. Top with whipped cream and sprinkle with some of the remaining sugar and spice mixture.

*From delish.com*



### Apple Cider Mojito

#### Ingredients

- Ice
- Juice of 1 lemon
- 1/2 c. gold rum
- apple cider
- Mint, for garnish
- Apple slices, for garnish
- Cinnamon sticks, for garnish

#### Directions

Fill 2 glasses with ice. Add the juice of half a lemon to each glass. Divide the rum between the two glasses, then fill 3/4 of the way full with apple cider. Top each with a splash of seltzer and stir to combine. Garnish with mint, thyme, and a slice of apple.

*From delish.com*



### Pumpkin Spice White Russian

#### Ingredients

##### FOR THE RIM

- 1 tsp. pumpkin pie spice
- 3 tbsp. crushed graham crackers

##### FOR THE DRINK

- 2 oz. vodka
- 1 oz. Kahlua
- 1 1/2 oz. pumpkin spice creamer
- Cinnamon stick, for garnish

#### Directions

Make the rim: On a shallow plate, combine pumpkin pie spice and crushed graham crackers. Dip the edge of each glass in water, then into the mixture, coating the edge of each glass.

Make the drink: Pour vodka and Kahlua into glasses filled with ice. Top with creamer. Garnish with a cinnamon stick and a sprinkle of pumpkin pie spice.

*From delish.com*



### Pumpkin Pie Sangria

#### Ingredients

- 1 bottle white wine, chilled
- 1 bottle sparkling cider, chilled
- 1/2 c. pumpkin pie vodka
- 1 pear, chopped
- 1 apple, chopped
- 1/4 c. sugar
- 1/2 tsp. pumpkin spice

Cinnamon sticks, for garnish

#### Directions

On a small shallow plate, combine sugar and pumpkin spice and mix to combine. Rim glasses with a piece of apple and dip glasses into mixture. Set aside.

In a large pitcher, combine wine with cider and pumpkin pie vodka. Add chopped fruit and stir to combine. Pour into glasses and garnish with a cinnamon stick.

*From delish.com*



### Apple Pie Moonshine

#### Ingredients

- 4 c. apple juice
- 4 c. apple cider
- 3/4 c. granulated sugar
- 1/4 c. packed brown sugar
- 2 cinnamon sticks
- 1/2 tsp. ground ginger
- 1/2 tsp. allspice
- 3/4 c. 190 proof grain alcohol
- 3/4 c. vodka

#### Directions

In a large pot over medium-high heat, combine apple juice, cider, sugars, cinnamon sticks, and spices. Bring to a simmer, then cover pot and reduce heat to medium-low. Simmer for 1 hour then remove from heat and cool. Remove cinnamon sticks and stir in grain alcohol and vodka. Transfer to jars. Shake before serving.

*From delish.com*